



PRESS RELEASE

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Modern Hand Stitching

Dozens of stitches with creative free-form variations

By Ruth Chandler



Let your stitching spirit enjoy the confidence of knowing basic hand stitches—then freely play to your heart's content with pattern and form. Stitching is fun and artistic, exhilarating and relaxing. Ruth Chandler's new book, *Modern Hand Stitching*, is 112 pages of stitches and inspiration for practice, playing and creating.

Modern Hand Stitching includes six stitch chapters with dozens of variations. Step-by-step photos guide readers through learning straight stitches, building stitches, cross stitches, chain stitches, knots, and couching. Ruth also teaches readers how to make a stitch sampler book, handy for future reference, and her "No Boundaries" sections encourage readers to stitch creatively with tips and suggestions for taking each stitch further.

Modern Hand Stitching includes a gallery of stitching inspirations to light a creative fire under any stitcher, whether new to handwork or experienced in more traditional embroidery. Step-by-step instructions and full-color illustrations for 39 stitches with clearly photographed techniques make *Modern Hand Stitching* a useful tool for any looking to stitch outside the lines.

Author, quilter and mixed-media artist Ruth Chandler grew up in Japan where the vibrant color and texture of Japanese fabric, combined with the simplicity of Japanese design, caught Ruth's attention. She made her first quilt in 1990, a queen size, hand-appliquéd and hand-quilted Hawaiian pineapple quilt, and she has never looked back. Ruth teaches locally from her home studio and Blue Twig Studio, and nationally at Art and Soul Retreats. She can also be seen at Open Studios at International Quilt Market and teaches for Make it University. Ruth has written several articles for *Quilting Arts* magazine and blog posts for Havel's Sewing. Her work has been published in several books including *A Fiber Artist's Guide to Color & Design*, *First-time Beading on Fabric*, and *Fabric Color Magic*. Ruth is one of the co-authors of the best-selling book, *Fabric Embellishment The basics & beyond*. She lives in Colorado Springs, CO.

Modern Hand Stitching (978-1-935726-48-7) contains 112 pages, comes in softcover binding, retails for \$24.95 U.S. and is available through your favorite distributor, bookseller or quilt shop, or direct from Landauer Publishing: 800-557-2144 or on the web at www.landauerpub.com. Publication date: April, 2014.