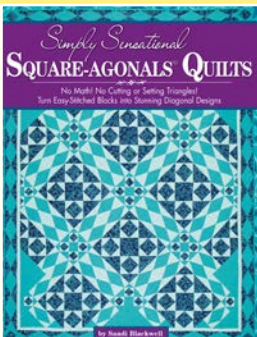


Free Project

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Follow Your Star



Originally published in the book

Simply Sensational Square-agonals® Quilts by Sandi Blackwell

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FOLLOW YOUR STAR



Pieced by Julia Plunkett; quilted by Finishing Touches Quilt Shop





Finished Size:

50" x 50"

Block Size:

4-1/2" square

Materials

7/8 yard dark teal fabric for blocks and borders

3/4 yard yellow floral fabric for blocks

1 yard dark yellow fabric for blocks, border corners and binding

3/4 yard medium yellow fabric for blocks

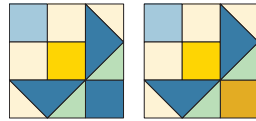
1 yard light yellow fabric for blocks

1/2 yard light teal fabric for blocks

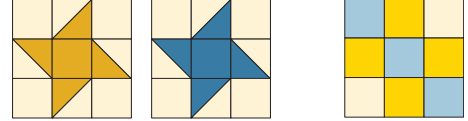
3-1/4 yards backing fabric

56" x 56" piece of batting

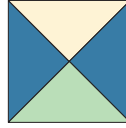
Julia Block



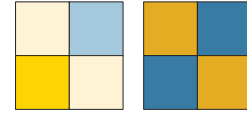
Friendship Star Blocks **Nine-Patch Block**



Quarter-Square Triangle Block



Four-Patch Blocks



Cutting Instructions

From dark teal fabric, cut:

- (1) 5-3/4" x 40" strip.
From the strip, cut: (2) 5-3/4" squares.
Cut the squares in quarters diagonally to make (8) A triangles for Quarter-Square Triangle Block.
- (1) 4-1/4" x 40" strip.
From the strip, cut: (8) 4-1/4" squares. Cut squares in quarters diagonally to make (32) C triangles for Julia Block.
- (1) 2-3/4" x 40" strip.
From the strip, cut: (2) 2-3/4" A squares for Four-Patch Block.
- (1) 2-3/8" x 40" strip.
From the strip, cut: (8) 2-3/8" squares. Cut squares in half diagonally to make (16) B triangles for Friendship Star Block.
- (1) 2" x 40" strip.
From the strip, cut: (12) 2" A squares for Julia Block and Friendship Star Block.
- (6) 2" x 40" strips for outer border.

From dark yellow fabric, cut:

- (1) 2-3/4" x 40" strip.
From the strip, cut: (2) 2-3/4" A squares for Four-Patch Block.
- (6) 2-1/2" x 40" strips for binding.
- (1) 2-3/8" x 40" strip.
From the strip, cut: (10) 2-3/8" squares. Cut squares in half diagonally to make (20) B triangles for Friendship Star Block.
- (1) 2" x 40" strip.
From the strip, cut: (13) 2" A squares for Friendship Star Block and Julia Block.
- (5) 1-1/2" x 40" strips for inner border.

From yellow floral fabric, cut:

- (1) 5-3/4" x 40" strip.
From the strip, cut: (1) 5-3/4" square. Cut square in quarters diagonally to make (4) A triangles for Quarter-Square Triangle Block.
- (3) 5" x 40" strips.
From the strips, cut: (23) 5" squares.

(1) 2-3/8" x 40" strip.

From the strip, cut: (16) 2-3/8" squares.

Cut squares in half diagonally to make

(32) B triangles for Julia Block.

From light teal fabric, cut:

(1) 5" x 40" strip.

From the strip, cut: (7) 5" squares.

(1) 2-3/4" x 40" strip.

From the strip, cut: (4) 2-3/4" A squares for Four-Patch Block

(4) 2" x 40" strips.

From the strips, cut: (67) 2" A squares for Nine-Patch Block and Julia Block.

From medium yellow fabric, cut:

(2) 5" x 40" strips.

From the strip, cut: (11) 5" squares.

(1) 2-3/4" x 40" strip.

From the strip, cut: (4) 2-3/4" A squares for Four-Patch Block

(5) 2" x 40" strips.

From the strips, cut: (84) 2" A squares for Nine-Patch Block and Julia Block.

From light yellow fabric, cut:

(1) 5-3/4" x 40" strip.

From the strip, cut: (1) 5-3/4" square. Cut squares in quarters diagonally to make (4) A triangles for Quarter-Square Triangle Block.

(1) 5" x 40" strip.

From the strip, cut: (7) 5" squares.

(1) 2-3/4" x 40" strip.

From the strip, cut: (8) 2-3/4" A squares for Four-Patch Block.

(3) 2-3/8" x 40" strips.

From the strips, cut: (34) 2-3/8" squares. Cut squares in half diagonally to make (68) B triangles for Julia Block and Friendship Star Block.

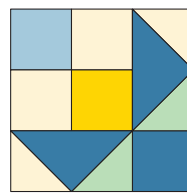
(6) 2" x 40" strips.

From the strips, cut: (102) 2" A squares for Nine-Patch Block, Julia Block, and Friendship Star Block.

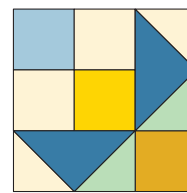
From backing fabric, cut:

(2) 56" x 29" rectangles.

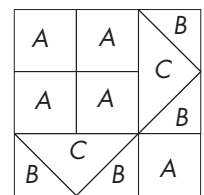
Making the Julia Block



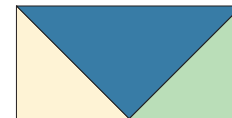
Colorway 1
Make 8



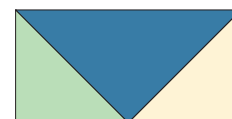
Colorway 2
Make 8



1. Lay out 2 dark teal C triangles, 2 yellow floral B triangles, 2 light yellow B triangles, 1 dark teal A square, 1 light teal A square, 2 light yellow A squares, and 1 medium yellow A square as shown in colorway 1.
2. Sew a light yellow B triangle to the left side of the dark teal C triangle and a yellow floral B triangle to the right side of the triangle to make a flying geese unit.



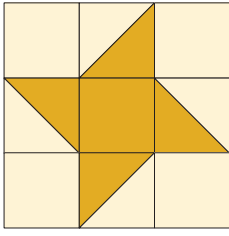
3. Make a second flying geese unit by sewing a light yellow B triangle to the right side of the dark teal C triangle and a yellow floral B triangle to the left side of the triangle.



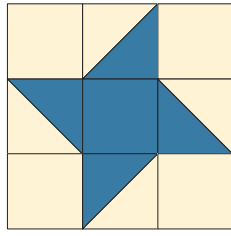
4. Sew a light yellow A square to a light teal A square. Sew a light yellow A square to a medium yellow A square. Make a four-patch unit by sewing the two pairs together.
5. Referring to the Julia Block colorway 1, sew a flying geese unit with the yellow floral on the left side to the four-patch unit to make the top of the block.
6. Sew a dark teal A square to the end of the flying geese unit with the yellow floral on the right side to make the bottom of the block.
7. Sew the top and bottom units together to complete the Julia Block. Make a total of 8 Julia Blocks in colorway 1.

- Repeat steps 1-7 to make 8 Julia Blocks in colorway 2. Replace the dark teal A square in step 6 with a dark yellow A square.

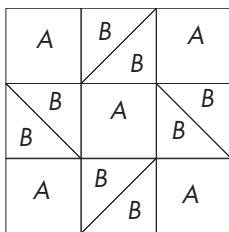
Making the Friendship Star Block



Colorway 1
Make 5

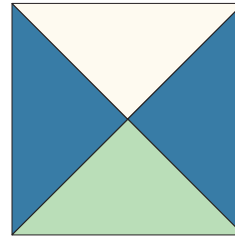


Colorway 2
Make 4

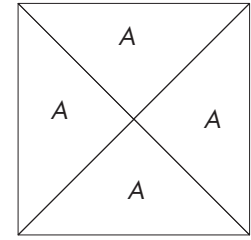


- Lay out 4 light yellow A squares, 4 light yellow B triangles, 1 dark yellow A square, and 4 dark yellow B triangles, as shown in colorway 1.
- Sew a light yellow B triangle and a dark yellow B triangle, right sides together, along the long edge to make a half-square triangle. Make a total of 4 half-square triangles.
- Lay out 4 light yellow A squares, 1 dark yellow A square, and the 4 half-square triangles from step 2 to form the Friendship Star Block.
- Sew the pieces together in rows. Press the seams of each row to one side, alternating the direction with each row. Sew the rows together.
- Repeat steps 1-4 to make a total of 5 Friendship Star Blocks in colorway 1.
- Follow steps 1-4 to make 4 Friendship Star Blocks in colorway 2. Replace the dark yellow A squares and B triangles in step 1 with the dark teal A squares and B triangles.

Making the Quarter-Square Triangle Block

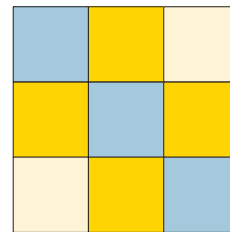


Make 4

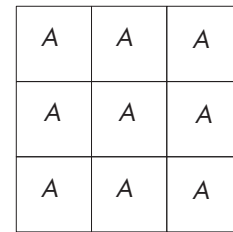


- Lay out 2 dark teal A triangles, 1 yellow floral A triangle, and 1 light yellow A triangle as shown.
- Sew a light yellow triangle to a dark teal triangle to make half the block. Sew a yellow floral triangle to the remaining dark teal triangle to make the other half of the block.
- Sew the two halves together to complete the block.
- Repeat steps 1-3 to make a total of 4 Quarter-Square Triangle Blocks.

Making the Nine-Patch Block

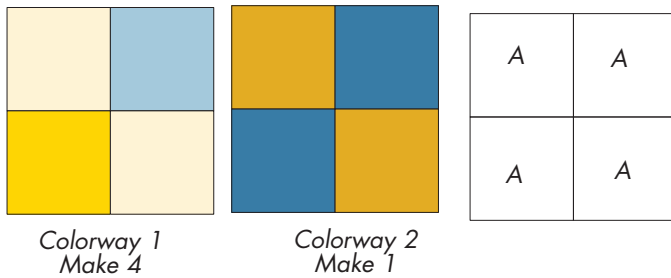


Make 17



- Lay out 3 light teal A squares, 4 medium yellow A squares, and 2 light yellow A squares as shown.
- Sew the squares into rows. Press the seams of each row to one side, alternating the direction with each row. Sew the rows together.
- Repeat steps 1-2 to make a total of 17 Nine-Patch Blocks.

Making the Four-Patch Block



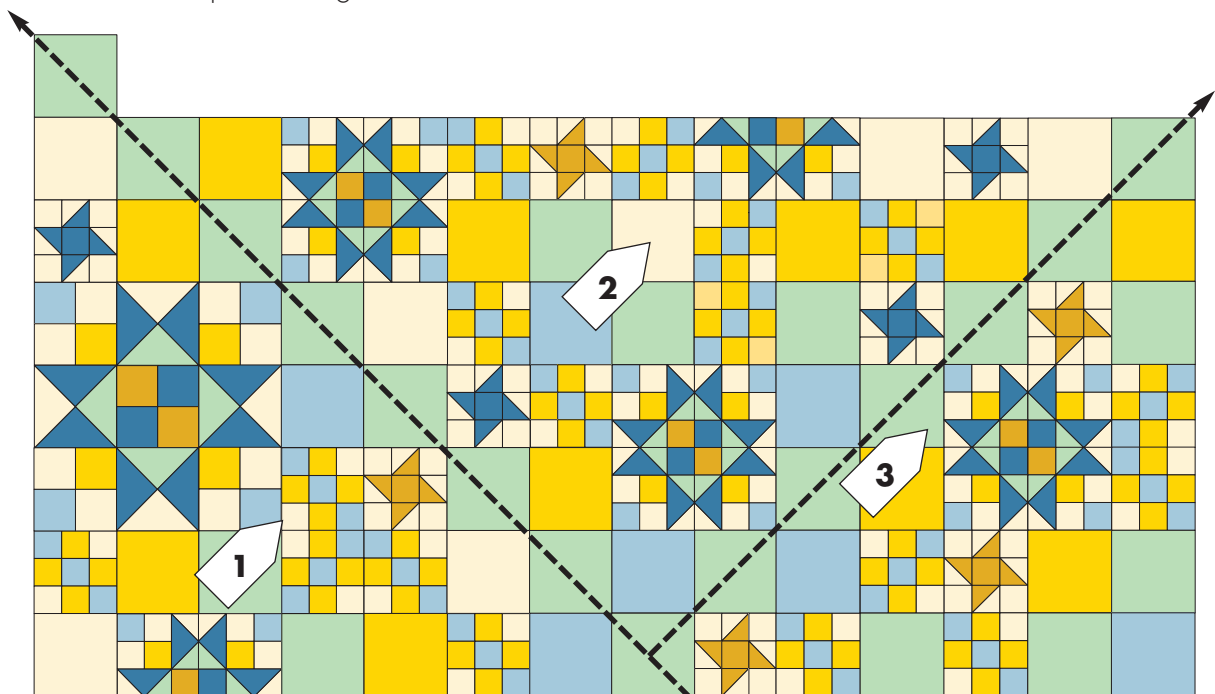
1. Lay out 2 light yellow A squares, 1 light teal A square, and 1 medium yellow A square as shown in colorway 1.
2. Sew the squares together in rows. Press the seams of each row to one side, alternating the direction with each row. Sew the rows together.
3. Repeat steps 1-2 to make a total of 4 Four-Patch Blocks in colorway 1.
4. Lay out the 2 dark yellow A squares, and 2 dark teal A squares as shown in colorway 2.
5. Sew the squares together in rows. Press the seams of each row to one side, alternating the direction with each row. Sew the rows together to make 1 Four-Patch Block in colorway 2.

Nine-Patch Blocks, 5 Four-Patch Blocks, 23 floral yellow 5" squares, 11 medium yellow 5" squares, 7 light yellow 5" squares, and 7 light teal 5" squares on a flat surface as shown in the *Sewing & Cutting Diagram*. Take care to place the blocks in the correct position to achieve the final quilt design.

2. Sew the blocks together into rows. Press the seams of each row to one side, alternating the direction with each row. Sew the rows together, adding the single block on the top row.
3. Press your quilt top with starch to prepare it for cutting. Referring to the *Sewing & Cutting Diagram*, use a pencil and ruler to mark the cutting lines and label the sections with arrows in the directions shown. Carefully cut the top into 3 sections on the pencil lines.
4. Lay out the sections as shown in the *Reassemble Diagram* with the arrows pointing down. Sew the sections together and press. Trim the excess fabric in the corners with a square up ruler to complete the quilt center.

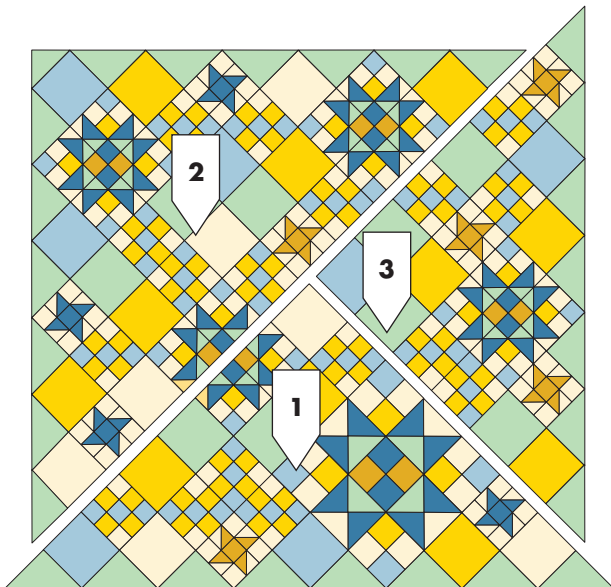
Assembling the Quilt Center

1. Lay out the 16 Julia Blocks, 9 Friendship Star Blocks, 4 Quarter-Square Triangle Blocks, 17



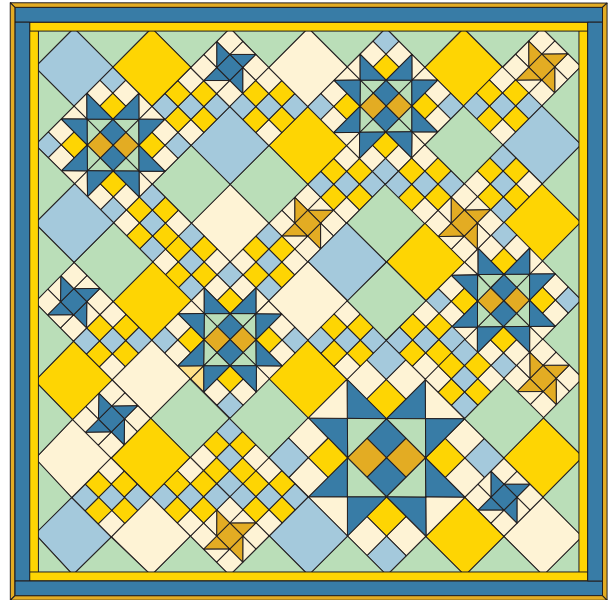
Sewing & Cutting Diagram

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Cut First



Reassemble Diagram

- Trim the extra batting and backing even with the edges of the quilt top. Turn the binding over the edge to the back and hand- or machine-sew in place.



Follow Your Star

Adding the Borders

- Sew the 1-1/2" dark yellow inner border strips together to make one long strip.
- Measure your quilt center from top to bottom and cut two side border strips to size. Sew the borders to the side edges of the quilt center. Press seams toward the border.
- Measure your quilt center from side to side and cut two top and bottom border strips to size. Sew the borders to the top and bottom edges of the quilt center. Press seams toward the border.
- Sew the 2" dark teal outer border strips together to make one long strip.
- Repeat steps 2-3 to measure and attach the dark teal outer border strips.

Finishing the Quilt

- Sew the 56" x 29" backing rectangles together along one long edge, using a 1/2" seam allowance. Press the seam allowance open.
- Layer the backing, batting, and the quilt top. Baste the layers together and hand- or machine-quilt as desired.
- Use diagonal seams to sew the 2-1/2" wide binding strips together to make one long strip. Sew the binding to the edges of the quilt top.

Follow Your Star Quilt

Finished Size:

99" x 99"

Block Size:

9" square

Materials

2-1/4 yards dark teal fabric
for blocks and borders

2-1/4 yards yellow floral fabric
for blocks

2 yards dark yellow fabric for blocks
and border corners

1-3/4 yards medium yellow fabric
for blocks

2-1/2 yards light yellow fabric
for blocks

1-1/2 yards light teal fabric for blocks

9 yards backing fabric

105" x 105" piece of batting

Cutting Instructions

From dark teal fabric, cut:

- (1) 10-1/4" x 40" strip.
From the strip, cut: (2) 10-1/4" squares.
Cut squares in quarters diagonally to make (8) A triangles for Quarter-Square Triangle Block.
- (2) 7-1/4" x 40" strips.
From the strips, cut: (8) 7-1/4" squares.
Cut squares in quarters diagonally to make (32) C triangles for Julia Block.
- (1) 5" x 40" strip.
From the strip, cut: (2) 5" A squares for Four-Patch Block.
- (1) 3-7/8" x 40" strip.
From the strip, cut: (8) 3-7/8" squares.
Cut squares in half diagonally to make 16 B triangles for Friendship Star Blocks.
- (2) 3-1/2" x 40" strips.
From the strips, cut: (12) 3-1/2" A squares for Julia Block and Friendship Star Block.
- (11) 3-1/2" x 40" strips for outer border.

From dark yellow fabric, cut:

- (1) 5" x 40" strip.
From the strip, cut: (2) 5" A squares for Four-Patch Block.
- (1) 3-7/8" x 40" strip.
From the strip, cut: (10) 3-7/8" squares.
Cut squares in half diagonally to make 20 B triangles for Friendship Star Block.
- (2) 3-1/2" x 40" strips.
From the strips, cut: (13) 3-1/2" A squares for Friendship Star Block and Julia Block.
- (10) 2-1/2" x 40" strips for inner border.
- (11) 2-1/2" x 40" strips for binding.

From yellow floral fabric, cut:

- (1) 10-1/4" x 40" strip.
From the strip, cut: (1) 10-1/4" square.
Cut square in quarters diagonally to make (4) A triangles for Quarter-Square Triangle Block.
- (6) 9-1/2" x 40" strips.
From the strips, cut: (23) 9-1/2" squares.
- (2) 3-7/8" x 40" strips.

From the strips, cut: (16) 3-7/8" squares. Cut squares in half diagonally to make (32) B triangles for Julia Block.

From light teal fabric, cut:

- (2) 9-1/2" x 40" strip.
From the strips, cut: (7) 9-1/2" squares.
- (1) 5" x 40" strip.
From the strip, cut: (4) 5" A squares for Four-Patch Block
- (7) 3-1/2" x 40" strips.
From the strips, cut: (67) 3-1/2" A squares for Nine-Patch Block and Julia Block.

From medium yellow fabric, cut:

- (3) 9-1/2" x 40" strips.
From the strips, cut: (11) 9-1/2" squares.
- (1) 5" x 40" strip.
From the strip, cut: (4) 5" A squares for Four-Patch Block
- (8) 3-1/2" x 40" strips.
From the strips, cut: (84) 3-1/2" A squares for Nine-Patch Block and Julia Block.

From light yellow fabric, cut:

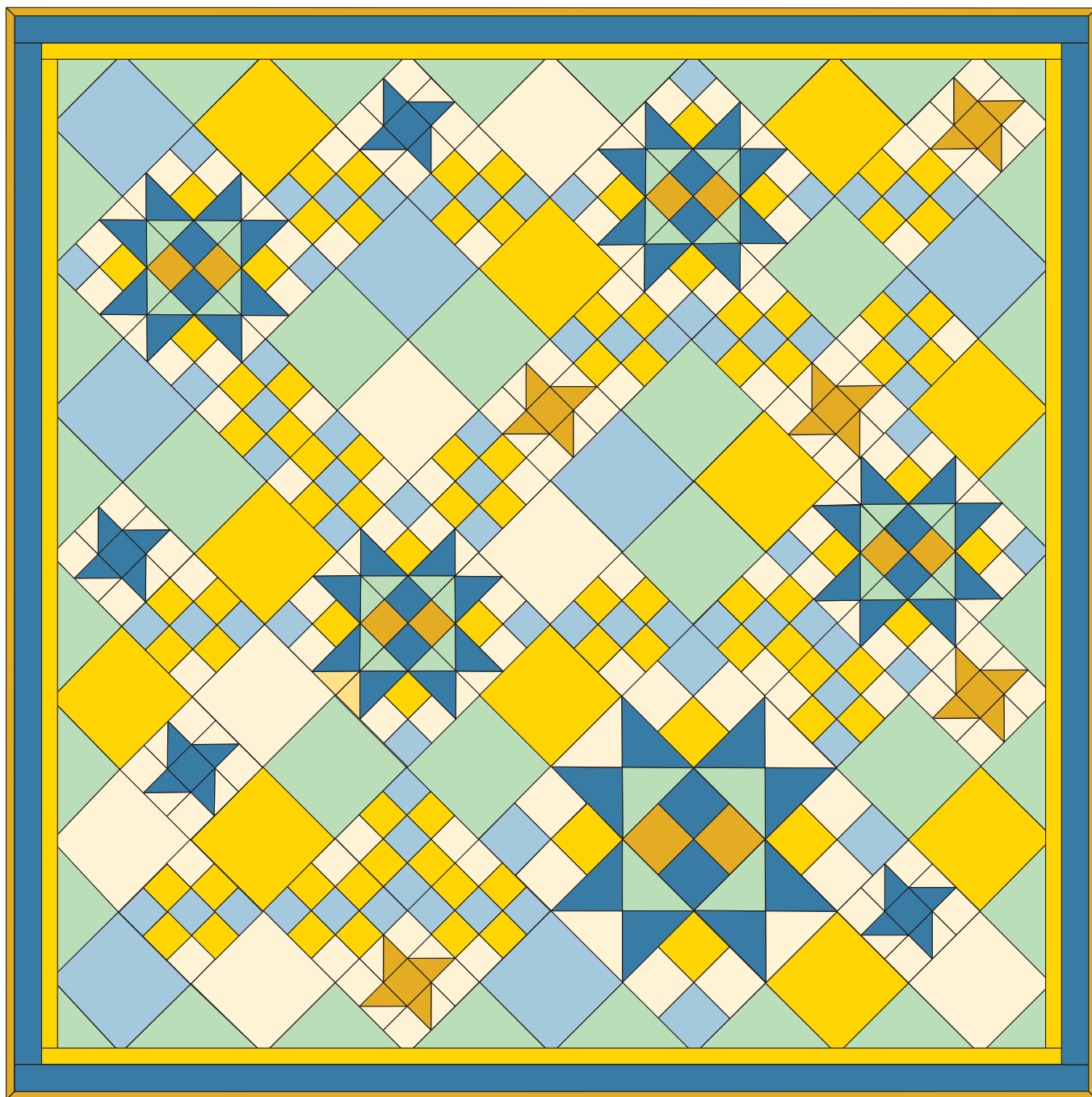
- (1) 10-1/4" x 40" strip.
From the strip, cut: (1) 10-1/4" square.
Cut square in quarters diagonally to make (4) A triangles for Quarter-Square Triangle Block.
- (2) 9-1/2" x 40" strips.
From the strips, cut: (7) 9-1/2" squares.
- (1) 5" x 40" strip.
From the strip, cut: (8) 5" A squares for Four-Patch Block.
- (4) 3-7/8" x 40" strips.
From the strips, cut: (34) 3-7/8" squares.
Cut squares in half diagonally to make (68) B triangles for Julia Block and Friendship Star Block.
- (10) 3-1/2" x 40" strips.
From the strips, cut: (102) 3-1/2" A squares for Nine-Patch Block, Julia Block, and Friendship Star Block.

From backing fabric, cut:

- (3) 106" x 37" rectangles.

Finishing the Quilt

1. Sew the 37" x 106" backing rectangles together along one long edge, using a 1/2" seam allowance. Press the seam allowance open.



Follow Your Star